



GANGA PREM HOSPICE



ANNUAL REPORT 2009-2010

A Project of SHRADHA CANCER CARE TRUST
www.gangapremhospice.org

A LETTER FROM THE CHAIRMAN

Dr A K Dewan MS, MCh.
Chairman, Shradha Cancer Care Trust

The Ganga Prem Hospice project is in the fifth year of its existence, and even though we are still some distance away from constructing an in-patient facility, the work experience so far has been very enriching - both for me personally as an oncologist and for our team, which has had the chance to learn new aspects of palliative care, outreach in cancer awareness and generating support for our project.



Every time I go to Rishikesh for the monthly clinic, I'm surprised by the number of new cancer patients that I see. It is distressing to see that more patients are getting stricken by the disease, but I derive satisfaction from the fact that with whatever help Ganga Prem Hospice has been able to extend so far, at least a substantial number of patients in Rishikesh are dying with less pain and with more comfort and dignity - something that every cancer patient deserves.

It is very fortunate when I am able to detect a patient who is still in the early stages of the disease. The necessity of early detection and quick oncological treatment is something that I continually propagate. It is not a very happy experience being a surgical oncologist, as one sees so much pain and suffering every day, but I'm glad that as a team we are helping patients when they need us the most.

Many creative and dedicated people have joined us this year. I want to thank all our volunteers who have worked full time on the project and have accorded the Hospice work their top priority. We are not only seeing more patients but have also given better service by offering the services of a regular Ayurvedacharya and gynaecologist, and have dispensed a considerable amount of medicines free of cost. We have far more outreach because of the increased publicity in the newspapers, and we are regularly seeing patients who come from a hundred kilometres away.

A step ahead for the construction of the Hospice was the laying of the Foundation Stone in October 2009. We hope that in the coming year we will be able to raise sufficient funds so that the construction of the Hospice can begin.

Dr A K Dewan
MS, MCh
Medical Director,
Ganga Prem Hospice, Rishikesh

OUR MISSION

The hallowed moments which surround birth and death are present equally in the lives of all human beings. Ganga Prem Hospice is being created to offer its help in the death experience and pledges to provide services to terminally ill cancer patients regardless of gender, age, race, religion or financial status.

We will respect the cultural, religious and spiritual beliefs of all our patients and do our best to improve the quality of life during their last days. By offering medical and spiritual care, we will do all that we can to ensure that the death transition is smooth and peaceful.

Patients, relatives and staff will be joined together in the common bond of facing death. We hope that with love and understanding, we can all benefit from this sacred experience.

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THE NEED FOR HOSPICES IN INDIA

Hospices are very rare in India, and only 16 of India's 28 states and 7 union territories (less than 45%) have any palliative care services at all. Many states in India have absolutely no medical facilities that can prescribe the morphine that is needed for the treatment of severe pain.

Every human being has a right to die with dignity and minimal distress. In India, cancer patients cannot achieve this. The concept of hospice is well known in the West but in India, where palliative care is so desperately needed, it is almost unheard of.

LATE DIAGNOSIS AND INADEQUATE PAIN RELIEF

India has one million new cancer cases each year. Seventy percent of them are diagnosed at the terminal stage, when it is too late to cure or even treat the patient. To make matters worse, there are very few cancer facilities in India, and therefore little time or space in overburdened hospitals for the care of the terminally ill. In plain words, this means that every year in India tens of thousands of cancer patients die agonising and undignified deaths without medicine, help and support. Less than 3% of India's cancer patients have access to adequate pain relief. Population density, poverty, bad nutrition, illiteracy, cultural stigma about cancer and lack of awareness about cancer symptoms and palliative care compound the problem.

LACK OF PALLIATIVE CARE FACILITIES

North India in particular is almost completely bereft of any type of support for the terminally ill, and Uttarakhand is one of the 19 states in India that have no provision for palliative care. Although more than 17,000 new cases of cancer a year are reported in this state, cancer facilities are conspicuously absent.

Lack of funding, lack of awareness and interest by the medical profession in general, lack of government support and lack of morphine are some of the major difficulties facing development of hospice and palliative care in India.

THE NEED FOR HOSPICES IN UTTARAKHAND

The mountainous and isolated nature of most parts of this state make it difficult to reach cancer patients and many are not aware of the help that is available to them. The activities of Ganga Prem Hospice are aimed at helping create cancer awareness in the state as well as providing free of charge consultation and care.

A REVIEW OF OUR PROGRESS THIS YEAR

The year 2009-2010 has been a year of steady progress for Ganga Prem Hospice. It has been a year in which a lot of groundwork has been done in administration and outreach. This groundwork, which has greatly enhanced the infrastructure of the organisation, is expected to fructify in a significant increase in Hospice services in Rishikesh as well as in increased financial support during the year 2010-2011.

The Hospice services in Rishikesh continued throughout the year from the base at the Nanki Devi and Punjab Sindh Kshetra Charitable Dispensary in Rishikesh. The monthly clinics served 335 patients through expert oncological consultations and free medicines. Most of the patients attending the clinic were from the poorer sections of society and 156 of the patients were cancer patients. Patients at the clinic came from the mountainous areas as well as from Rishikesh, Haridwar and Dehradun and also from as from faraway towns such as Muzaffarnagar and Bijnor in Uttar Pradesh. Extra health camps and screening camps conducted by the Ganga Prem Hospice saw another 528 patients in attendance. Dr AK Dewan, Dr Ashish Goel, Dr Rupali Dewan, Dr Rajesh Saxena and Ayurvedacharya Dr JP Rathi gave regular consultations at the monthly cancer clinics with additional specialists from other medical fields giving consultations and medical aid at the extra health camps. Sarojini Murthy led the group of volunteers who supported the doctors at the clinic.

During the year the Home Care and Bereavement Support Programme continued under the able supervision of Sarojini Murthy. Among those who benefited from these services, three financially underprivileged and destitute cancer patients were



Patients wait for the Ganga Prem Hospice oncologist's consultations at the monthly cancer clinic held on the last Sunday of every month in Rishikesh.



Ganga Prem Hospice palliative care counsellor advising an under-privileged leukemia patient. The patient's treatment is being sponsored by Ganga Prem Hospice.

fully provided with free palliative care treatment, medicines, nutritional supplements and other basic needs.

The biggest event of the year was the *Bhumi Pujan* and the *Shilanyas* (the laying of the Ganga Prem Hospice foundation stone), on the 11th of October 2009. The long term preparation for the event, managed by Mr RL Ghai and Madhavanand, went on for several months and included negotiating for an approach road to the Hospice site as well as putting up the boundary wall and fencing on three sides of the land. As the event drew near, Anuj Gupta from Delhi joined the team in Rishikesh for the final preparations including arrangements for tents, refreshment, health camps, *puja* and cultural events. The foundation stone was laid by the Chief Minister of Uttarakhand, Dr Ramesh Pokhariyal Nishank, and the function was well attended by the supporters of the Hospice, by the press as well as by the local inhabitants and dignitaries from Rishikesh. The event was financed by advertisements in the high quality souvenir magazine which was released at the event. The event greatly enhanced the prestige of the project in Uttarakhand and has led to increased local support. The fourth side of the fencing around the site and the hospice gate were put into place after the event.

Apart from this major event, a number of smaller events, in the form of press conferences and cancer prevention lectures, were held throughout the year by the Ganga Prem Hospice Medical Director, Dr Dewan and other trustees and volunteers. At the Kumbh Mela in Haridwar a stall was set up in the Uttarakhand Exhibition Hall to create cancer awareness. Posters and banners about cancer prevention were on display and flyers explaining cancer symptoms were disseminated to the general public. A Ganga Prem Hospice volunteer from Canada, Steven Lopresti, manned the stall and other volunteers and hospice workers supported him whenever possible.



The foundation stone laying ceremony of the Ganga Prem Hospice on October 11, 2009. The foundation stone laying event was attended by the Chief Minister of Uttarakhand, civil society volunteers, health care professionals, and the local population of Raiwala, Rishikesh.

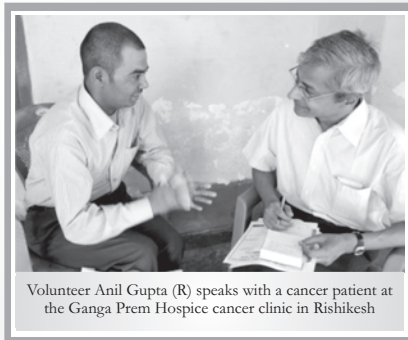
Changes in management and administration took place in November when our General Manager, Madhavanand, resigned from his position to take up another appointment. Madhavanand was replaced by Yogeshwar Prasad Barathwal in Rishikesh and Pooja Dogra in Delhi. A caretaker was also employed to look after the site at Raiwala. While

Yogeshwar looked after the local management in Rishikesh, Pooja has led the improved publicity and fundraising drive which has been gathering momentum in Delhi. Pooja coordinates the Rishikesh and Delhi teams and also liaises with government and other organisations.

Our volunteer force saw the valuable addition of Steven Lopresti from Canada and Anil Gupta from Rishikesh. Steven has been running the Hospice office in Rishikesh and Anil has been working with Pooja on government and private sector fundraising avenues. Donation boxes have also been placed in hotels and restaurants in Rishikesh and in bank branches in Delhi area, and they are bringing in a small but much appreciated income.

The Ganga Prem Hospice Trust in London and End of Life Care International in the USA have both promised financial and practical support in the future. Supporters of Ganga Prem Hospice continue to grow in numbers both in India and abroad and we hope to soon see a growth in income despite the precarious financial situation in the world.

Ganga Prem Hospice has started to expand its Home Care Programme in Rishikesh, Haridwar and Dehradun, and the Indo-American Cancer Association has shown its support by offering to pay the salary of a full time nurse. At the same time the team has high hopes that the building of the inpatient facility at Raiwala will commence during the next financial year. The year 2009-2010 has ended on a very positive and hopeful note that the project will grow in leaps and bounds during the coming year.



Volunteer Anil Gupta (R) speaks with a cancer patient at the Ganga Prem Hospice cancer clinic in Rishikesh

OUR ACTIVITIES

GANGA PREM HOSPICE SERVICES AT RISHIKESH

1. Monthly Cancer Clinic.

Includes:

- a) Screening of patients for the possibility of cancer,
- b) Consultations for cancer patients,
- c) Consultations for terminally ill cancer patients,
- d) Counselling for the families of terminally ill patients,
- e) Distribution of free medicine,
- f) Monthly meeting of doctors and volunteers.

2. Home Care Programme for Terminally Ill Cancer Patients.

Includes:

- a) Regular visits to patient's home by:
 - i. Hospice nurse,
 - ii. Complementary therapist,
 - iii. Counsellor,
 - iv. Spiritual advisor,
 - v. General volunteer.
- b) Medical care for patient as advised by oncologist,
- c) Complementary therapies for symptom relief and relaxation for both patient and family,
- d) Counselling for patient and family,
- e) Spiritual support for patient and family,
- f) General care for patient and family.



Ganga Prem Hospice Medical Director and Surgical Oncologist Dr AK Dewan screening a teenager for cancer.



A destitute and terminally ill bronchogenic cancer patient whose medicines, palliative treatment, food and last rites were sponsored and arranged for by Ganga Prem Hospice

3. Support a Cancer Patient Scheme

Includes:

- a) Full payment of treatment and medicines,
- b) Nutritional support,
- c) Transportation for treatment,
- d) Other financial support according to need (for example: clothing, house rent, etc.)

4. Bereavement Support

Includes:

- a) Help with practical arrangements after death of patient,
- b) Counselling – helping family members manage process of grieving,
- c) A promise of continued support, as is required.

OUR PATIENTS

1. Monthly Cancer Clinic (April 2009–March 2010)

a) Number of patients:	335		
b) Social status:	Mostly poor to lower middle class.		
c) Gender:	Male: 185	Female: 150	
d) Age:	0-20	: 16	
	21-30	: 27	
	31-40	: 63	
	41-50	: 67	
	51-60	: 85	
	61-70	: 53	
	Over 70	: 24	
e) Patients treated for cancer:	156		
Type of cancer:	Breast	36	Palate 2
	Tongue	29	Pancreas 2
	Cervix	10	Throat 2
	Esophagus	9	Bladder 1
	Thyroid	9	Bone 1
	Broncho genic	7	Brain 1
	Larynx	6	Caecum 1
	Alveolus	4	Goitre 1
	Cheek	4	Liver 1
	Blood	3	Mouth 1
	Ovary	3	Neck 1
	Parotid	3	NHC 1
	Rectum	3	Prostate 1
	Abdominal	2	Pyriforme Fossa 1
	Lung	2	Right BM 1

	Lymph	2	Tonsil	1
	Mandible	2	Vocal chord	1
	Maxilla	2		
f)	Patients with terminal stage cancer:	20		
g)	Patients advised to have follow-up tests:	107		
h)	Prescriptions given/free medicine dispensed:	226		
i)	Referral to other doctors:	31		
j)	Other:	30		

2. Health camps and cancer screening camps

1. 25th April 2009 – Cancer and Gynaecology camp, Haridwar; 50 patients received consultation.

2. 10th October 2009 - World Hospice and Palliative Care Day Health camp, Rishikesh. Ganga Prem Hospice health camp saw 150 patients in the cardiology, oncology, gynaecology, paediatric and optometry departments. Spectacles were distributed without any cost to the patients by the eye specialists, and all consultations were given free of charge.



3. 11th October 2009- Ganga Prem Hospice Foundation Stone Laying Ceremony and Health Camp, Raiwala, Rishikesh.

Ganga Prem Hospice health camp saw 168 patients in the cardio, oncology, gynecology, paediatric and optometry departments. Free spectacles were distributed by the eye specialists, and all consultations were given free of charge.

3. Ganga Prem Hospice participated in cancer screening camp in Ambala, Haryana, where 160 patients were screened for cancer.

3. Home Care Programme

a) Number of Beneficiaries:	6	50-60	2
b) Social Status		Over 70	1
Lower Middle Class	4	c) Type of Cancer	
Sannyasin	1	Blood	1
Poor	1	Breast	2
c) Gender		Caecum	1
Female	3	Cervix	1
Male	3	Lung	1
d) Age		d) Stage of cancer	
Under 20	1	Terminal	5
40-50	2		

e) Types of Support	
Free Medicine	4
Doctor's visits	1
Nursing	2
Counselling	4
Spiritual Support	4
General	7
d) Deaths	4

COMPLEMENTARY THERAPIES

Our nurses and therapists in Rishikesh use the following complementary therapies:

1. Aromatherapy
2. Ayurveda
3. Homeopathy
4. Meditation
5. Reiki

Other qualified complementary therapists are invited to join us and share their knowledge and skills with us, so that we can provide more comfort and help for our patients.

4. Support a Cancer Patient Scheme

a) Number of Beneficiaries:	3
b) Social Status	
Sannyasin	1
Poor	2
c) Gender	
Female	1
Male	2
d) Age	
40-50	2
50-60	1
e) Type of Cancer	
Bone	1
Cervix	1
Lung	1
f) Stage of cancer	
Terminal	2
2nd stage	1
g) Types of Support (<i>All free of charge</i>)	
Medicine	3
Chemotherapy	1
Radiotherapy	2
Travelling costs	3
Nursing	2
Food	2
Clothing	2
House rent	1
Counselling	3
Spiritual Support	2
Death Rituals	2
h) Deaths	2

5. Bereavement Support

a) Home Visits	9
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Gynaecologist Dr Rajesh Saxena seeing a patient at a Ganga Prem Hospice cancer clinic in Rishikesh



Surgical Oncologist Dr AK Dewan and Sr. Gynaecologist Dr Rupali Dewan discuss a lung cancer patient's X-ray reports.

OUR FINANCIAL POSITION

The primary source of funds for the Ganga Prem Hospice project has been donations from individual donors. Yoga teachers, alternate therapy experts and friends of the Hospice project from India and abroad have donated money with which the Hospice has bought one acre of land in Rishikesh.

The land for the Hospice site and a steady stream of donations have been assets for us during the last financial year.

Most of the money raised this past year has come from individual donations. Some institutional donors have also been interested in the Hospice project, and we expect them to be our long-term supporters. In the next financial year we hope to build on these associations and start the construction of a small Hospice facility at the Ganga Prem Hospice site.

Our charitable services in Rishikesh are for the main part carried out by volunteers who not only take no remuneration for their service but also often contribute from their own pockets in order to help the poorer patients. Most of the medicines that we distribute are donated by doctors and pharmacies and the clinic premises; electricity and water etc are provided by the Punjab Sindh Kshetra and Sardarni Nanki Devi Trust.

During the financial year 2009-10 we employed one new full-time and one new part-time administrative employee.

We sponsored the treatment of underprivileged cancer patients and paid for their medication, food and other basic requirements.

Specifics of Shradha Cancer Care Trust's Finances

- Income addition to Corpus Fund in FY 2008-9: Rs 20,40,501.
- Primary source of funds: donations from individuals.
- Monetary value of medical help by way of purchased drugs, treatment, cancer camps, etc. provided to patients during FY 2008-9: Rs 91,942.

What is the Trust's primary source of income?

Since Shradha Cancer Care Trust was founded in 2005, the main source of funds has been donations from individuals from India and abroad. Institutional donors are few and it was only in the year financial year 2008-9 that funds from corporate started to come in. However, the share of individual donors is still more, insofar as the source of income of the Trust is concerned. In the FY 2008-9, a total sum of Rs 20,40,501 was received as donations.

How does Shradha Cancer Care Trust use its income?

a) During the financial year 2009-10 the primary expenditure was on running the Ganga Prem Hospice project services, which included expenditures for the travel of the medical team from Delhi to Rishikesh, the medical expenditure for patients, the organisation of events, clinics and health camps to mark the World Hospice Day event and the laying of the foundation stone of Ganga Prem Hospice. The administrative costs and salary of the small staff were other expenses incurred during the year.

How does Shradha Cancer Care Trust invest its funds?

The funds are invested in fixed deposits and savings accounts in banks. The Trust has not invested in stocks and shares so far.

OUR FUTURE PLANS

Our objectives in the forthcoming year are:

- To consolidate and expand our present clinic and home care services in Rishikesh, Haridwar and Dehradun,
- To start construction of our in-patient facility at Raiwala, Rishikesh,
- To expand our work force in Rishikesh to include more nursing staff and complementary therapists,
- To approach charitable foundations, companies and corporations, as well as individuals, who could give financial backing to the project,
- To expand our volunteer force for both our palliative care service and fundraising efforts,
- To provide training schemes in palliative care for volunteers in Rishikesh.
- To create greater awareness about our project, both in India and abroad.
- To collaborate with other palliative care centres, both in India and abroad, in order to increase our knowledge and ability to serve.
- To improve our system of electronic and written record keeping of all patients' data and palliative care services.
- To sustain a cohesive network of support between our team and our patients and their families.

MEMBERS OF OUR TRUST

a) Main Branch, Delhi, India.

SHRADHA CANCER CARE TRUST

Chairman:	Dr A K Dewan <i>MS MCh</i>
Members:	Dr D C Doval <i>MD</i>
	Dr Rupali Dewan <i>MD</i>
	Deepak Bajjal
	Mr Suresh Kathpalia
	Mr R L Ghai
	Nani Ma

b) UK Branch, London

GANGA PREM HOSPICE, LTD.

Members:	Swami Saradananda
	Ms April Pierrot
	Mr Rakesh Luthra
	Ms Renu Gulati

CHARITABLE CANCER CLINIC DOCTORS

Dr AK Dewan <i>MS, MCh</i>	<i>Regular Oncologist</i>
Dr (Mrs) Rupali Dewan <i>MD</i>	<i>Gynaecologist</i>
Dr A Goel <i>MBBS, MS, DNB</i>	<i>Visiting Oncologist</i>
Dr S Saini <i>MBBS, MS</i>	<i>Visiting Oncologist</i>
Dr (Mrs) Rajesh Saxena <i>MBBS</i>	<i>Gynaecologist</i>
Dr JP Rathi, <i>BAMS, IMB</i>	<i>Ayurvedacharya</i>

GANGA PREM HOSPICE EMPLOYEES

Ms Pooja Dogra	<i>Ganga Prem Hospice Coordinator</i>
Mr Yogeshwar Prasad	<i>Assistant Manager</i>
Mr Bhurelal	<i>Site Caretaker</i>

All services at Ganga Prem Hospice will be provided free of charge to any terminally ill cancer patient, regardless of age, race, religion or financial status.

OUR SUPPORT TEAM

RISHIKESH

Ms Sarojini Murthy	<i>Palliative care and clinic coordinator</i>
Mr Alan Neachel	<i>Graphic design</i>
Mr Anil Gupta	<i>Administration and Public Relations</i>
Ms Anjana Dharnidharka	<i>Web Master</i>
Mrs Geeta Kukreti	<i>Palliative care</i>
Mrs Kamala Bhasin	<i>Patient Care</i>
Mr Michael and Mrs Pallavi Duffy	<i>Graphic Design</i>
Mr Pranava Bienstien	<i>Web Design</i>
Ms Renu Gulati	<i>Publicity and fund-raising</i>
Mr Steven Lopresti	<i>Administration and Public Relations</i>

DELHI

Mr Anuj Gupta	<i>Electronic media and general</i>
Mrs Bharati Sharma	<i>General</i>
Mr Devendra Rathi	<i>Graphic Design</i>
Mrs Meena Dawar	<i>General</i>
Mr Neeraj Dang	<i>Electronic media</i>
Mrs Raj Rani	<i>General</i>
Mr Shailendra Arora	<i>Electronic media and general</i>

THOUGHTS FROM THE HOSPICE

1. FROM CLINIC PATIENTS

a) Phoolvati, Rishikesh

“I’m coming to the Ganga Prem Hospice clinic for a fourth time. I had received treatment in the Jolly Grant Hospital, and since then have been coming to the Ganga Prem Hospice clinic for consultations, as it is very convenient for us to get consultations and oncological advice locally.”

b) Mohammad Salim, Roorkee

“I suffer from left cheek cancer and was operated upon by Dr Dewan in Delhi. I was perhaps one of the first patients of the Ganga Prem Hospice clinic and have been a regular since September 2007. I find much relief when I come here and have advised all the cancer patients I meet in my area to come to the clinic.”

c) Kiran Gupta, Roorkee

“I’ve found the clinic to be a God-send for me after my surgery in Delhi. I come for regular check-ups and find the place very helpful.”

d) Kamal Suneja, Haridwar

“Cancer in my tongue was detected one year ago. Dr Dewan operated on me and removed the cancerous part of the tongue in Delhi. For my regular check-ups, rather than having to travel to Delhi, I just commute to Rishikesh on the last Sunday of each month from Haridwar. It is extremely convenient for me. I am indeed very grateful to Dr Dewan, as he has given me a new life. I don’t think I will find a service like Ganga Prem Hospice anywhere.”

2. FROM VOLUNTEERS

Meena Dawar (Delhi)

“I had been running a small non-profit organisation and had been a social worker for six years when I got to know about Ganga Prem Hospice and I immediately joined in as a volunteer as I wanted to make complete use of this opportunity to work for cancer patients. This assignment has not only given me mental satisfaction but has also given me a chance to allow myself to be prepared for the problems that patients and their families face when a family member is stricken with disease. As I look back, I think I’ve felt honoured to work with Dr Dewan. My source of inspiration toward working for the cancer patients has been Nani Ma, who has always guided me.”

Jennifer Melmon (Trust member, USA)

Although my role has been a small one, it has been my great honour to have been a part of Ganga Prem Hospice since its humble origins in 2005. The leaders of this organisation have dedicated so much of their life energy to providing hospice information and care to needy cancer patients in Northern India. Every year we see this dedication paying off as our volunteer base and contributions continue to grow, bringing us closer to our goal of a permanent hospice facility and enabling us to expand Ganga Prem’s existing cancer programs near Rishikesh, India.

Swami Saradananda (Trust member, UK)

“This year has been a busy one for the Ganga Prem Hospice U.K. We have clarified our image and raised sufficient funds to be considered for recognition as a full-fledged charity. We hope that registration will come within the next few months. In the meantime we are exploring ways to motivate more volunteers and fund-raisers.

When I visited Delhi earlier this year, I had the good fortune of meeting both Pooja and Dr Dewan. Their dedication to this noble cause has enthused me.

On a personal level, the work of the Ganga Prem Hospice has been particularly poignant for me. In January, my 60-year young and very vibrant sister-in-law succumbed to breast cancer. She left her body peacefully in a hospice in the US. Although I could do nothing for her on a physical level, I felt inspired to dedicate my work with Ganga Prem to her memory.

Through compassion, I hope that many more people will be able to spend their final days in peaceful surroundings, knowing that they are loved and cared for.

Although many spiritual teachings tell us that suffering is an integral aspect of life, they go on to say that the suffering of others can inspire us to the highest compassion. Each of us can choose how we will respond to the suffering of others. Unselfish love and compassion are expressions of our divine nature. With Om and Prem.”

3. FROM FUNDRAISERS

Gabrielle Steen (UK)

“I had travelled through India before and even been to Rishikesh, but it was not until my return to the UK that I learned about the work and plans of the Ganga Prem Hospice from Swami Saradananda. As a yoga teacher and complementary therapist I already treat and teach people who suffer with cancer at St Georges Hospital in London. When I learned that this disease is still misunderstood in India and how people who suffer from cancer in the country are rejected by family and society and often find themselves totally unsupported, I wanted to help in some way.

For over two years now I have been organising small one-day fundraising events to help build and continue the work of the Ganga Prem Hospice. All this wouldn't have been possible without the generosity and support of my yoga students, friends and fellow therapists. Thank you to everybody.

May the inspiring work of the Ganga Prem Hospice continue to grow and make a real difference to fellow cancer sufferers in India.”

4. FROM DONORS

Frank Ray, (UK)

"Having been a student and teacher of Yoga for over 10 years, I have experienced first-hand the restorative and peaceful qualities these practices can bring to an otherwise stressful life. In 2009 upon visiting Rishikesh and Haridwar, I saw the very real need and suitability for Yoga and other complementary health practices in the care and support of terminal cancer patients. I fully support the work of Ganga Prem Hospice as I believe it is truly first-class and at the forefront of holistic health care."

OUR CONTACT INFORMATION

SHRADHA CANCER CARE TRUST

www.gangapremhospice.org

Postal Address: 239, Ghalib Apts, Parwana Road, Pitampura,
New Delhi -110034, India.
Mobile: (0091) 9810931743 (Delhi)
E-mail: info@gangapremhospice.org

HOW TO DONATE

1. INDIA (*Donations from Indian citizens are tax deductible - 80G status*)

Personal cheques and bank drafts from India to be made out to:

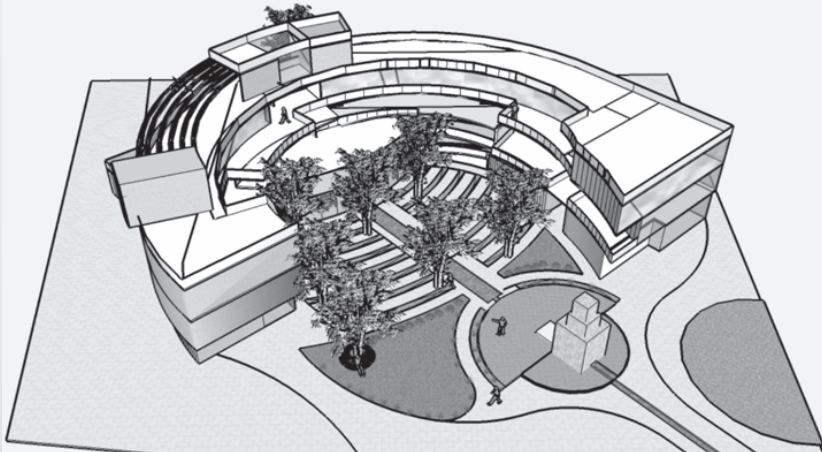
SHRADHA CANCER CARE TRUST

Postal Address: 239, Ghalib Road, Pitampura, New Delhi 110034, India.
Email: info@gangapremhospice.org

Wire transfers can be sent to:

PUNJAB NATIONAL BANK, Delhi, India
Account no.1501000101302075
IFCS code: PUNB 0150100

A bird's eye view of the architectural plan of Ganga Prem Hospice



SHARDA CANCER CARE TRUST

BALANCE SHEET AS AT 31ST MARCH, 2010

LIABILITIES	AMOUNT (Rs.)	TOTAL (Rs.)	ASSETS	AMOUNT (Rs.)	TOTAL (Rs.)
<u>CORPUS FUND</u>			Land	33,01,000.00	
Opening Balance	58,66,921.91		Additions During the Year	<u>21,64,500.00</u>	54,65,500.00
Add :- Received During The Year	<u>20,40,501.00</u>		Computer - Opening Balance	86,341.00	
	79,07,422.91		Add :- Additions During the Year	<u>9,600.00</u>	
Less :- Excess of Expenditure over Income	<u>9,03,534.00</u>	70,03,888.91	Less :- Depreciation	<u>54,685.00</u>	41,256.00
<u>CURRENT LIABILITIES</u>			Building Under Construction		13,70,565.00
Duties & Taxes	3,791.00		Furniture & Fixture	614.00	
Sundry Creditors	<u>1,80,974.00</u>	1,84,765.00	Less :- Depreciation	<u>31.00</u>	583.00
			<u>CASH & BANK BALANCES</u>		
			Cash in Hand		80,766.00
			TDS Recoverable		12,300.00
			Loans & Advances		21,565.33
			<u>Bank Balances</u>		
			Balance at Bank	1,46,118.58	
			Bank - FDR	<u>50,000.00</u>	1,96,118.58
TOTAL.....Rs.		<u>71,88,653.91</u>	TOTAL.....Rs.		<u>71,88,653.91</u>

PLACE :- NEW DELHI

DATE :- 02-09-2010

Checked and found correct in accordance with
books of accounts produced before us.

for APT ASSOCIATES
Chartered Accountants
(Firm Regn. No. 015248N)

TARUN KUMAR
(PARTNER)
(M. No.089082)

DR. AJAY KUMAR DEWAN
(TRUSTEE)

SURESH KATHPALIA
(TRUSTEE)

SHARDA CANCER CARE TRUST

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH, 2010

PARTICULARS	AMOUNT (Rs.)	TOTAL (Rs.)	PARTICULARS	AMOUNT (Rs.)	TOTAL (Rs.)
Cash Expenses			Interest & Other Receipts		26,766.00
On world Cancer Day and on World Hospice D		3,64,828.00	Excess of Expenditure over Income		9,03,534.00
On Cancer Screening Camp		53,316.00			
Bank Charges		1,315.00			
Repair & Maintenance		10,470.00			
Traveling & Conveyance Expenses		28,436.00			
Telephone Expenses		11,125.00			
Printing & Stationary		51,392.00			
Internet Expenses		5,600.00			
Postage and Courier Expenses		33,505.00			
Medicine & Surgical Goods		38,626.00			
Depreciation		54,716.00			
Salary & Staff Welfare		2,64,777.00			
Miscellaneous Expenses		10,194.00			
TOTAL.....Rs.		<u>9,30,300.00</u>	TOTAL.....Rs.		<u>9,30,300.00</u>

PLACE :- NEW DELHI

DATE :- 02-09-2010

Checked and found correct in accordance with
books of accounts produced before us.

for APT ASSOCIATES
Chartered Accountants
(Firm Regn. No. 015248N)

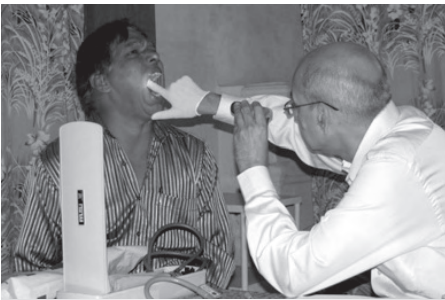
TARUN KUMAR
(PARTNER)
(M. No.089082)

DR. AJAY KUMAR DEWAN
(TRUSTEE)

SURESH KATHPALIA
(TRUSTEE)



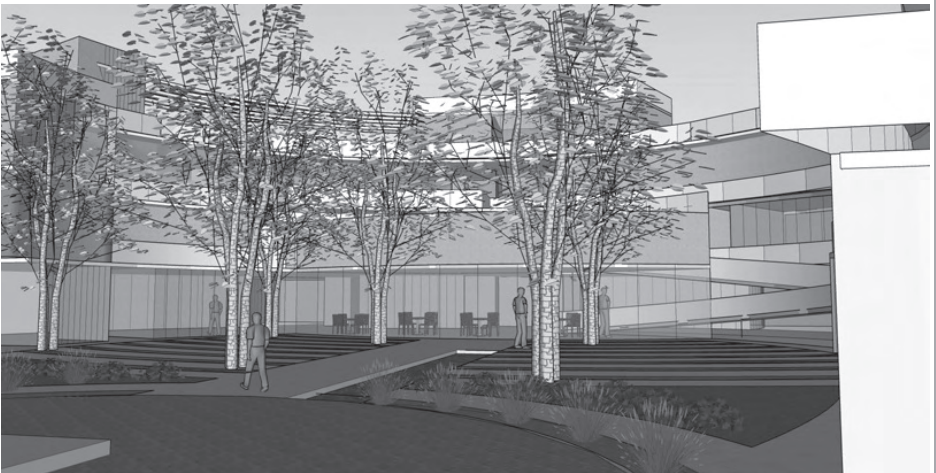
PANORAMIC VIEW OF GANGA PREM HOSPICE SITE IN RAIWALA, RISHIKESH



A PATIENT BEING SCREENED AT A GANGA PREM HOSPICE CANCER CLINIC.



A CANCER CLINIC IN PROGRESS



GANGA PREM HOSPICE ARCHITECTURAL VIEW



A packed house at the Ganga Prem Hospice Foundation Stone Laying Day in Raiwala, Rishikesh on October 11, 2009



The Chief Minister of Uttarakhand speaks at the Ganga Prem Hospice Foundation Stone Laying ceremony.



Foundation stone of Ganga Prem Hospice being laid by the Hospice team on October 11, 2009



The Chief Minister of Uttarakhand releasing the special souvenir publication of Ganga Prem Hospice on the occasion of the laying of the foundation stone of Ganga Prem Hospice on October 11, 2009



Free of charge eye testing at the Ganga Prem Hospice health camp in Rishikesh on October 10, 2009



Cardiology team offers free consultations and tests to Patients in Raiwala, Rishikesh on October 11, 2009



Ganga Prem Hospice Surgical Oncologist Dr AK Dewan examines a terminally ill oral cancer patient at the Ganga Prem Hospice monthly cancer clinic in Rishikesh



A terminally ill child bone cancer patient being examined at the Ganga Prem Hospice cancer clinic in Rishikesh.