



# annual report

2008-09

GANGA PREM HOSPICE  
RISHIKESH





## A letter from our Chairman



The Ganga Prem Hospice project is still young but in the last four years we have seen encouraging signs of increasing help coming in. This especially applies to the last twelve months when our efforts to raise financial resources as well as support have intensified. At the end of the financial year 2008-9, we have a bigger volunteer base both in Rishikesh and elsewhere in India, we are providing free consultation, medicines and home care services to more and more patients in and around Rishikesh, and plans for the hospice construction are underway.

The outpatient services of Ganga Prem Hospice have grown in the past year and we have helped more than 300 patients, some of whom were initial stage cancer patients, but many who were also terminally ill. In their hour of physical, emotional and financial turmoil, the Ganga Prem Hospice home care and palliative care volunteers have done a remarkable job in giving patients and their families strength and moral support when they have needed it most.

As an oncologist, what makes me happiest is that at our monthly cancer clinic in Rishikesh, we now have patients who visit us just to have their symptoms checked and diagnosed for possible cancer. Arresting and treating cancer in the initial stages is really the key to successfully getting rid of the disease and our efforts to raise awareness about this fact are now showing signs of success in the Rishikesh area.

The last year was also remarkable in the sense that Ganga Prem Hospice marked the World Hospice Day in Delhi on October 11, 2008, and the World Cancer Day in Rishikesh on February 4, 2009. Our small team of volunteers managed both events. The World Hospice Day event attracted a number of new volunteers who will continue to help us and the World Cancer Day programme saw cancer news getting some much-needed media coverage along with donations from participants who were most appreciative of the hospice work.

The hospice project is slowly taking off and we are very keen to raise enough resources to start building a 10-bed facility. However, generating enough financial support has not been easy and we sincerely hope that we will have more funds coming from India to give the project the extra help that it needs.

**Dr AK Dewan *MS, MCh***

Chairman, Shradha Cancer Care Trust

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## OUR MISSION

The hallowed moments which surround birth and death are present equally in the lives of all human beings. Ganga Prem Hospice is being created to offer its help in the death experience and *pledges to provide services to terminally ill cancer patients regardless of gender, age, race, religion or financial status.*

We will respect the cultural, religious and spiritual beliefs of all our patients and do our best to improve the quality of life during their last days. By offering medical and spiritual care, we will do all that we can to ensure that the death transition is smooth and peaceful.

Patients, relatives and staff will be joined together in the common bond of facing death. We hope that with love and understanding we can all benefit from this sacred experience.

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## About 'Shradha Cancer Care Trust'

'Shradha Cancer Care Trust' was founded in 2005 and has its offices in New Delhi, India. The Trust was formed to help with establishing cancer care centres and in particular to found a hospice for terminally ill cancer patients.

The Trustees of 'Shradha Cancer Care Trust' are:

1. Chairman: Dr Ajay K Dewan *MS, MCh*  
*Senior consultant & surgeon, Rajiv Gandhi Cancer Institute, Delhi*
2. Member: Dr Dinesh C Doval *MD*  
*Head of Dept. Medical Oncology, Rajiv Gandhi Cancer Institute, Delhi*
3. Member: Dr Rupali Dewan *MD*  
*Senior gynaecologist, Safdurjung Hospital, Delhi*
4. Member: Nani Ma  
*Spiritual mentor of Ganga Prem Hospice. Lives in Uttarkashi, Uttarakhand*
5. Member and Treasurer: Suresh Kathpalia  
*Taxation and accounting consultant, based in Delhi*
6. Member: Raghuvir Lal Ghai  
*Honorary Manager of 'Punjab Sindh Kshetra Trust', based in Rishikesh.*
7. Member: Deepak Baijal  
*Delhi-based business entrepreneur interested in cancer care*

## Support groups

### USA

#### Ganga Prem Hospice

Manager: Jennifer Melmon  
Members: Swamini Pramananda  
Diane Long  
Prof Fredrick Smith  
Scott Morrow

### UK London

#### Ganga Prem Hospice

Members: Swami Saradananda  
April Pierrot  
Rakesh Luthra  
Renu Gulati

## Ganga Prem Hospice employees

General Manager

Swami Madhavanand



# Our activities

## GANGA PREM HOSPICE SERVICES AT RISHIKESH

### 1. Monthly cancer clinic

Includes:

- a) Screening of patients for possibility of cancer,
- b) Consultation for cancer patients,
- c) Consultation for terminally ill cancer patients,
- d) Counselling for terminally ill patients and their families,
- e) Distribution of free medicine; and
- f) Monthly meeting of doctors and volunteers.



### 2. Home Care Programme for terminally ill cancer patients

Includes:

- a) Regular visits to patient's home by:
  - i. Hospice nurse,
  - ii. Complementary therapist,
  - iii. Counsellor,
  - iv. Spiritual advisor; and
  - v. General volunteers.
- b) Medical care for patient as advised by oncologist,
- c) Complementary therapies for symptom relief and relaxation for both patient and family,
- d) Counselling for patient and family,
- e) Spiritual support for patient and family; and
- f) General care for patient and family.

### 3. Bereavement Support

Includes:

- a) Help with practical arrangements after death of patient,
- b) Counselling – helping family members manage process of grieving; and
- c) A promise of continued support, as is required.

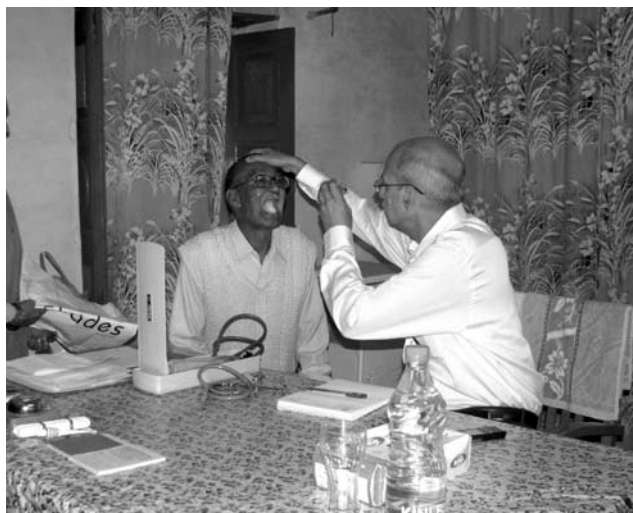


## A review of our progress this year

The year 2008-9 was a year of significant progress for Ganga Prem Hospice and we have managed to reach many of the goals we set for ourselves at the beginning of the year. Our volunteer force in the field of palliative care and also in the fields of publicity and fund-raising has grown both in size and in its range of abilities. The local community in Rishikesh has come to know and appreciate the services of Ganga Prem Hospice, which has led to support from both government bodies and private individuals. The cancer clinic has been attracting increasing numbers of cancer patients and we have been able to care for more terminally ill patients in our Home Care Programme than we were able to in the previous year.

Our monthly cancer clinic, held on the last Sunday of every month, continued throughout the year at rooms in the charity hospital of the Sardarni Nanki Devi Trust and The Punjab Sindh Kshetra Trust, which were generously given for our use. Dr AK Dewan gave consultations to over 300 patients during the year. Dr Ashish Goel, also from the Rajiv Gandhi Cancer Institute in Delhi, occasionally came instead of Dr Dewan when his onerous duties in Delhi kept him from making the journey to Rishikesh. Sarojini Murthy looked after the registration of patients and Bibi Hamel helped with the organisation of the clinic until she had to return to New Zealand in September. Free consultation was given to patients and free medicines were distributed throughout the year. In the case of the extreme financial difficulty of one patient, free cancer treatment was also provided.

The Home Care Programme continued to run under Sarojini Murthy's excellent supervision. This year, nine patients received home care from the palliative care team. Of these nine patients, six have passed on and bereavement visits have been undertaken by our home care volunteers. In the last few months



*Dr Ajay Dewan screening a patient at the Ganga Prem Hospice cancer clinic*

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One of the highlights of this year's progress has been that after much effort, the Hospice has found and purchased a piece of land, one acre in size, by the river Ganga at Raiwala, Rishikesh. The site has an unbroken view of the river and has peaceful environs.

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the team has been joined in home visiting by local volunteers including Dr Rajesh Saxena, Geeta Kukreti, Sudha Singh and Shanta Rana. Our Medical Director, Dr Dewan is consulted regularly by the home visiting team about the patients' medical problems.

During the summer months of 2008, volunteers Madhavanand, Renu Gulati and Mr RL Ghai, Honorary Manager of the Punjab Sindh Kshetra, joined in the hunt for land. Due to their efforts a suitable piece of land, that we could afford, was finally found at Raiwala, a small village lying between the city of Haridwar and the town of Rishikesh. The land is in a very peaceful farming area and is situated only 300 metres from the Ganga river. The site has an unbroken view of the Ganga, the Rajaji National Park and the Himalayan foothills. In October a deposit was put down for the land and an application for permission to purchase was submitted to the Uttarakhand government. Permission to buy the land was obtained in March 2009 and the land was consequently registered in the name of the Shradha Cancer Care Trust.

Jennifer Melmon continued to manage the Ganga Prem Hospice Trust in the USA which facilitated the sending of donations from abroad to our Trust in Delhi and also handled the dissemination of our electronic literature.

In June a new Trust, Ganga Prem Hospice, was set up in London, UK, for the purpose of raising funds and professional help for the Ganga Prem Hospice project. The Trust has already set up its infrastructure and started its publicity about the hospice project.

Many other volunteers all over the world continued to hold fund raisers and to help create awareness about our project, aims and ideals.

On World Hospice and Palliative Care Day, a conference entitled 'Cancer and Palliative Care: The Spiritual Perspective' was held in Delhi. The conference, organised by our volunteers Madhavanand and Renu Gulati (our CAM expert), did not raise much money but it did attract and consolidate a new group of talented young volunteers from Delhi who have continued to be a great help in publicity and fund raising as well as creating new interest in our project.



*View from the Ganga Prem Hospice site in Rishikesh. The site is 300 metres away from the river Ganga. A young guava orchard is coming up next to the Hospice site which will have an unbroken view of the river and the Himalayan foothills beyond.*





Madhavanand and Renu Gulati also organised a very successful full-day event at Rishikesh to commemorate World Cancer Day on February the 4th of this year. Eminent health specialists such as the Uttarakhand Health Minister and Acharya Bal Krishna of Patanjali Yog Peeth spoke at the conference entitled 'Holistic Care in Terminal Stage Cancer'. World famous Yoga Kathak dancer Yogacharya Pratishtha gave an enthralling charity performance at the concert which followed the conference. The day generated a lot of good publicity and led to promises of support from the Rishikesh milieu including spiritual leaders and government bodies. A press conference about Ganga Prem Hospice was also arranged in Dehradun and a free cancer clinic was held in Rishikesh to commemorate the World Cancer Day.

This year saw great improvement in the local management of the Hospice project. In November, Mr Raghuvir Lal Ghai became a member of the Shradha Cancer Care Trust Board and started to oversee the Hospice work in Rishikesh. At the same time, Madhavanand became our first paid Hospice employee when he was appointed to the post of General Manager. Madhavanand's enthusiastic efforts in the field of public relations have brought recognition to the work the Hospice is doing in Rishikesh with a resultant upsurge in support from local sources.

Most of our work, including patient care and administration, is still being done by volunteers and the majority of the medicines which are distributed have been donated to the Hospice. The funds which have been generated this year have principally gone towards the purchase of the land for the Hospice construction. Despite the growth in volunteer support and sponsorship, we still need a lot more financial support before we will be able to set up and run our inpatient facility.

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**The year 2008-9 saw significant improvement in the local administration of our Rishikesh activities. The team of Mr Raghuvir Lal Ghai and our General Manager, Madhavanand, worked on creating visibility for our cancer clinics and creating linkages with the local people, including the medical fraternity in Rishikesh, the government departments and the local media.**

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## Charitable cancer clinic doctors

Dr AK Dewan <i>MS, MCh</i>	Regular Oncologist
Dr Rupali Dewan <i>MD</i>	Gynaecologist
Dr Ashish Goel <i>MS, DNB Surgical Oncology</i>	Visiting Oncologist
Dr Sunil Saini <i>MBBS, MS</i>	Visiting Oncologist
Dr (Mrs) Rajesh Saxena <i>MBBS</i>	Visiting Gynaecologist

## Our main volunteer workers

<b>Rishikesh</b>	
Ms Sarojini Murthy	Administration and palliative care coordinator
Mr Alan Neachel	Graphic design
Ms Anjana Dharnidharka	Webmaster
Mr Atul Sareen	General
Ms Bibi Hamel	Administration and home visiting
Mrs Geeta Kukreti	Home care visiting
Mrs Jamuna Bisht	General
Ms Renu Gulati	Publicity and fundraising
Dr Savita Mohan	Home care visiting
Mrs Sudha Singh	Home care visiting
Mrs Shanta Rana	General
Mrs Shashi Rana	General
Mrs Rekha Negi	Home care visiting
Mrs Vimla Sharma	General
<b>Delhi</b>	
Mr Anuj Gupta	Electronic media and general
Mrs Meena Dawar	General
Mr Neeraj Dang	E-newsletter design
Ms Pooja Dogra	Publicity and fundraising
Mrs Raj Rani	General
Mr Shailendra Arora	Electronic media and general



# Our patients

## 1. Monthly Cancer Clinic

April 2008–March 2009

- a) Number of patients: 309
- b) Social status: Mostly poor to lower middle class.
- c) Gender: Male: 163 Female: 146

d) Age:	Below 20	14
	20-30	27
	31-40	49
	41-50	55
	51-60	84
	61-70	52
	Over 70	28

- e) Patients treated for cancer: 135

Type of cancer:	Breast	28	Ovary	2
	Cervix	16	PFF	2
	Tongue	14	Stomach	2
	Cheek	7	Abdomen	1
	Bladder	5	Axillary	1
	Prostate	6	BM	1
	Throat	5	Bronchii	1
	Thyroid	5	BT	1
	Blood	4	Caecum	1
	Larynx	4	Groin	1
	Colon	3	Maxilla	1
	Gall Bladder	3	Neck	1
	Palate	3	Papillary	1
	Mouth	3	SCLC	1
	Rectum	3	Oesophagus	1
	Lung	2	Vocal chord	1
	Eyelid	2	OP (BOT)	1
	FUC	2		

- f) Patients with terminal stage cancer 19
- g) Patients advised to have follow-up tests 80
- h) Other illnesses diagnosed/referral to other doctors/ prescriptions given/free medicine dispensed. 101



## 2. Home care programme

a) Number of beneficiaries		9
b) Social status	Lower middle class	6
	Sannyasin	1
	Poor	2
c) Gender	Female	7
	Male	2
d) Age	30-40	1
	40-50	2
	50-60	1
	60-70	3
	Over 70	2
e) Type of cancer	Breast	3
	Cervix	2
	Bladder	1
	Lung	1
	Rectum	1
	Throat	1
f) Stage of cancer	Terminal	9
g) Types of support	Free medicine	2
	Doctor's visits	6
	Nursing	2
	Complementary Therapies	3
	Counselling	5
	Spiritual support	5
h) Deaths	General	9
		6

One of our Home Care patients is financially very poor. Ganga Prem Hospice has been fully supporting her throughout this financial year by providing cancer treatment (including chemotherapy), hospital bills, all medicines, medical supplies, food and nutritional supplements and clothes. Ganga Prem Hospice volunteers are also paying for her room rent and any other necessary items that are needed to make her comfortable during her last days.

## 3. Bereavement support

a) Home visits 12



# Thoughts from Rishikesh

## 1. From beneficiaries of the Home Care Programme

### Mr Anil Rana (Rishikesh)

*"I, the son of Madhu Rana, who suffers from cervix cancer, am deeply thankful for the treatment being given to my mother by Ganga Prem Hospice and for the fact that the treatment expenses of my mother are being borne by the hospice. I want to thank the organisation and Sarojini Mata ji with all my heart.*

*My mother's illness is now so advanced that it was beyond my means to get her treated, but your organisation, through Sarojini Mata ji, has got my mother treated and also sponsored six rounds of her chemotherapy treatment. Even now, Ganga Prem Hospice is making the most expensive medicines and protein supplements available to my mother. These medicines are so costly that it is beyond any ordinary family's financial means to buy them but the Hospice is taking care of the expenses. The organisation is also bearing the cost of providing fruits and vegetables for my mother. Apart from this, the other needs of my mother, like that of clothes etc are also being taken care of by the organisation.*

*Dr AK Dewan thoroughly examines and treats my mother every month at the monthly cancer clinic. Recently, my mother has developed a urinary problem, because of which her clothes are continuously wet. There is need for diapers for her but the diapers are so expensive that it would be difficult for any individual or organisation to buy them. Your organisation has even allowed for this expense. I am so grateful to you—you are akin to God for us. You have been so understanding of our problems. I thank you a million times for this. Sarojini Mata ji is playing such an important role in helping us I thank her so much as well.*

*I would like to request you with folded hands that you continue to help me and my mother. In the coming future, whatever possible help I will be able to offer to the organisation, I will give it with all my mind, body and money. I pray to God that your organisation will be very successful and will continue to help poor and helpless patients. I pray that Ma Lakshmi should always enrich the organisation's funds."*

Anil Rana,

Rishikesh, February 3, 2009



Anil Rana with his mother, Madhu Rana, at one of the Ganga Prem Hospice cancer clinics in Rishikesh



## 2. From clinic patients

### **Mr Virendra Kumar Datta (Dehradun)**

*"I was operated by Dr AK Dewan at the Rajiv Gandhi Cancer Institute at Delhi in August 2006. Dr Dewan is an expert in his field of Surgical Oncology. I have no words to praise him. He is like a God who gives life to cancer patients. I owe my existence in this world to him.*

*For more than a year now I have been coming to the Ganga Prem Hospice Free Cancer Clinic at Rishikesh for my follow-up checks. The most likeable feature of this clinic is that it is being run free of charge. This is really a great humanitarian service to all cancer patients.*

*The other feature that needs mention is the sweet and gentle behaviour of the staff. Such nice, lovely and lively behaviour with the patients is rare indeed. One lady named Sarojini is a quotable example of smiling and sweet behaviour.*

*May God grant Dr AK Dewan a long life, good health and a spirit of service and all blessings to the staff and organisers of this clinic."*

### **Mrs RajRani Manchanda (Dehradun)**

*"I am 70 years old and have been taking Dr AK Dewan's treatment for the last three years. Since then I have been feeling wonderful and have no words to thank Dr Dewan. I have been attending the Ganga Prem Hospice Cancer Clinic at Rishikesh for more than a year now and am so glad that this facility is available to the local people and strongly support the great step of constructing a Hospice in the vicinity.*

*I am deeply beholden to Dr Dewan and am full of appreciation for the overall efforts of all the staff members/organisers especially Ms Sarojini. My heartfelt blessings to them all."*

### **Mrs Alka Gupta (Muzaffarnagar)**

*"The Ganga Prem Hospice Cancer Clinic facility at Rishikesh has made it so convenient for those living in Muzaffarnagar and nearby areas to avail of the expert treatment of Dr AK Dewan and the very nice service of his staff. A lot of time and money is saved thereby. We are very grateful for this service. May God fulfil all the dreams and ambitions of Ganga Prem Hospice."*

### **Mrs Sunita Makin (Dehradun)**

*"We feel glad and grateful to attend this Clinic. The doctors are very nice and we look forward each time to return for their services. We are very thankful for the Ganga Prem Hospice Cancer Clinic in Rishikesh."*



### **Mr Bhopal Singh (Dehradun)**

*"I have been under the surgical treatment and care of Dr AK Dewan since May 2008 for Thyroid Cancer. I have been visiting the Ganga Prem Hospice Cancer Clinic at Rishikesh every month for follow up. Ever since the GPH Cancer Clinic was set up, cancer patients from the nearby areas have found great relief. This Clinic is a huge benefit to the public. The doctors and staff are all very loving and kind to the patients. The Ganga Prem Hospice is doing a very successful job and I am fully satisfied with their work."*

## **3. From volunteers**

### **Sarojini Murthy (Rishikesh)**

*"Although cancer is no more a "rare" disease yet I was not aware as to how "common" it has become and to what extent it is prevalent here in India and in this state of Uttarakhand. The more I observe its ramifications the deeper am I touched by the sincere and dedicated efforts of Dr AK Dewan to make available his precious knowledge, experience and expertise as a senior Surgical Oncologist to the public at large, in a uniform manner."*

*His services extended through the Ganga Prem Hospice cancer clinic at Rishikesh once a month are an absolute boon to the patients of this town and this state. This free clinic is of utmost benefit to cancer sufferers and I pray and hope that it gains a solid foundation and grows into a grand edifice in time and serves an ever increasing number of people. Its value cannot be adequately described.*

*I pray that Ganga Prem Hospice receives enough funds to be able to also extend financial support to the poor and destitute cancer patients who are overwhelmed and confounded under the circumstances. I think Nanimaji and Dr Dewan who are the founders of the Ganga Prem Hospice project deserve to go down in history for this great work. I feel deeply privileged to be part of their team."*

### **Anuj Gupta (Delhi)**

*"My association with Ganga Prem Hospice is very special. The vision and concept of Ganga Prem Hospice has a great influence on me, changing my perspective of life. I met a lot of different people, with different talents and desires. I don't think I have ever felt so humbled and energised at the same time. It is like a second family to me. Volunteering with Ganga Prem Hospice is a great way to learn more about the incredible work that GPH is doing and how I can contribute in improving the things around."*

### **Diane Long (Trust member, GPH, USA)**

*"I am so pleased to be part of this so worthwhile project. Since India is part of my life and has been for many years, this is a chance to become intimately involved in this project for*



*the dying. Unfortunately being from America, my own experiences with death have not been much helped by any type of spiritual assistance. This much needed spiritual assistance is the basis of this hospice. My work allows me to travel and to speak of the hospice and others join me in contributing to this so very special initiative. I hope to continue my involvement from clinic to hospice in Rai Wala."*

**April Pierrot (Trust member, UK)**

*"In June of 2008, I was asked by a close friend and colleague if I would be interested in coming on the Board of Trustees for the then nascent Ganga Prem Hospice, UK. She told me about the work of Nani Ma in India, and of the need for a facility of this kind in Uttarakhand, and then briefly outlined what kinds of work the UK branch of Ganga Prem would be needed to do. I must confess, I did not hesitate one instant, but said "yes" immediately, and entirely on instinct. I have now been working on fundraising strategies for Ganga Prem since we formed the UK Trust as a limited company (soon to be a charity) in September 2008. Since that time a considerable infrastructure and strategy for fundraising has been put in place. All along, it has been the unerring presence and guidance of my colleagues, most significantly Nani Ma, Dr AK Dewan, and Renu Gulati in India, and Swami Saradananda and Rakesh Luthra in the UK that has kept me on track and inspired with this project.*

*On visiting North India in December of 2008, and having the grace to have met all the volunteers involved, including the team in Rishikesh, I can only say it has and continues to be a personal great privilege to serve them and this project. To date, and in looking back over a not an inconsiderable span of time on earth, it is proving to be one of the richest and most enriching experiences of my life."*

**Nora Monticelli (Italy)**

*"As far as I am able, I participate in the Ganga Prem Hospice project with fund raising, informing people about the problems and services provided and preparing myself for participating in future volunteer work in Rishikesh. I am very happy to see that the project starts to become a reality and that the humble and silent job of a lot of people can also help others to live in a dignified way during the last difficult moments. This project is becoming truly a path of human and spiritual growth."*





#### 4. From donors

##### **Pia Bossi (Switzerland)**

*"Hari Om, Namaste, dear all supporting Ganga Prem Hospice!*

*With gratitude for your engagement. I'm happy to contribute with a donation for this important and great project, with vision, with a profound loving care. Sending you best wishes and heartfelt greetings and pranaams."*

##### **Peggy Baldwin (USA)**

*"Although hospice care has been available in the West for some time, the concept of hospice is relatively new in India and other developing countries. Having stayed with my own mother for the last month of her life as she was dying of lung cancer, I became acutely aware of the various difficulties which the dying face, as well as the amazing help that the hospice nurses offered on every level. My mother was fortunate to be able to afford such care. So many others in the world are unable to afford even the most basic pain killers to alleviate the great pain that often accompanies cancer in its final stages. I wanted to help those people. Ganga Prem Hospice gave me the opportunity to fulfil that desire. As a donor I can think of no better cause to help than that of providing loving care to those in the last moments of life."*



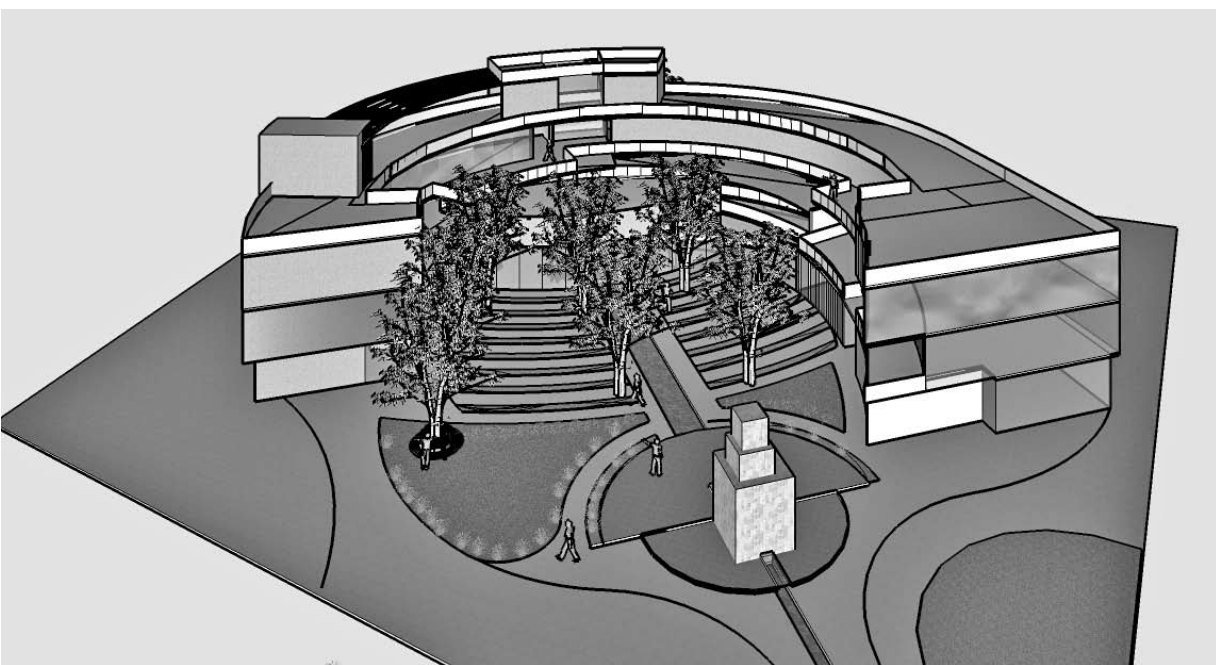
*Dr Ashish Goel, Surgical Oncologist, advising patients at one of the cancer clinics*



## Our future plans

Our objectives in the forthcoming year are:

- To consolidate and expand our present services in Rishikesh,
- To start construction of our inpatient facility,
- To expand our working force in Rishikesh to include more nursing staff and complementary therapists,
- To approach charitable foundations, companies and corporations who will give financial backing to the project,
- To expand our volunteer force for both our palliative care service and fund-raising efforts,
- To provide training schemes in palliative care for volunteers in Rishikesh,
- To create greater awareness about our project, both in India and abroad,
- To collaborate with other palliative care centres, both in India and abroad, in order to increase our knowledge and ability to serve,
- To improve our system of electronic and written record keeping of all patient data and palliative care services; and
- To create and sustain a more cohesive network of support between our team and our patients and their families.



*A computer-generated view of Ganga Prem Hospice*



## Our financial position

This year has not seen much improvement in the financial position of the Shradha Cancer Care Trust but we have finally been able to collect enough money to buy the land which was registered in the Trust's name on 30th of March, 2009. The total cost of the land was Rs 22.45 lakhs. The next immediate need is to make an approach road and to start to build our in-patient facility.

Again most of the money raised this year has come from individual donations and fund-raising events. However, for the first time, some donations have come in from companies and corporates. A lot more effort is now needed in the fund raising area in order to raise enough money to start construction as well as to continue to finance our growing charitable services in Rishikesh.

Our charitable services in Rishikesh are for the main part carried out by volunteers who do not only not take any remuneration for their service but also often contribute from their own resources in order to help the poorer patients. Most of the medicines that we distribute are donated by doctors and pharmacies and the clinic premises, electricity and water etc are provided by the Punjab Sindh Kshetra and Sardarni Nanki Devi Trust. This means that the bulk of the money that has been donated to the Trust this year has been able to go towards buying the land. Donations in the coming year will be going towards the construction of the Hospice.

Growing administrative work has led to the employment of our first employee, our general manager Swami Madhavanand. We do, however, try to keep administration costs to the minimum. This year some money has been spent on events and publicity. The events themselves have served to generate awareness about our project and led to a substantial increase of support from both the public and private sectors in India.

We hope that more effort in the field of publicity and fund raising will lead to an increase in income in the coming year.

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The primary source of funds for the Ganga Prem Hospice project has been donations from individual donors from India and abroad.

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### Highlights of Shradha Cancer Care Trust's financial position

- **Income addition to Corpus Fund in FY 2008-9:** Rs 12,78,466.
- **Primary source of funds:** Donations from individuals
- **Primary expense during 2008-9:** Purchase of land (site of Ganga Prem Hospice) in Raiwala, Rishikesh—Rs 22,45,000.
- **Expenditure on drugs, treatment etc provided to patients during FY 2008-9:** Rs 49,054.



### **What was the Trust's primary source of income?**

Since Shradha Cancer Care Trust was founded in 2005, the main source of funds has been donations from individuals from India and abroad. Institutional donors have been few and it was only in the financial year 2008-9, that the first donations from institutions/corporates came in. However, the share provided by individual donors still constitutes the primary source of income for the Trust. In the FY 2008-9, a total sum of Rs 12,78,466 was received as donations.

Ganga Prem Hospice has received support from groups like the Ganga Prem Hospice Inc, USA, and Ganga Prem Hospice, UK (in the process of being granted charitable status) which have helped raise funds by appealing to individuals throughout the world.

### **How did Shradha Cancer Care Trust use its income?**

- a) At the end of the FY 2008-9, the Trust purchased one acre of land in Raiwala, Rishikesh. Much of the income generated since the Trust's inception was used in the purchase of this land.
- b) Apart from the fixed asset/land purchase, the Trust spent its income on providing medical care to needy terminally-ill cancer patients. In the FY 2008-9, a sum of Rs 49,054 was spent on sponsoring chemotherapy costs and purchasing medicines and even daily provisions for destitute terminally ill patients.
- c) The Trust used the services of one salaried employee in the FY 2008-9, starting November 2008. Most of the administration, fund-raising and publicity work until now has been done by the Trustees and volunteers. As such the administration and salary costs have been kept to the bare minimum.
- d) In the year 2008-9, Shradha Cancer Care Trust organised events on the occasion of World Hospice Day (Oct 11, 2008) and World Cancer Day (February 4, 2009). The two events were meant to raise awareness about terminal stage cancer and on both occasions, the Hospice team managed to cover the organising costs through sponsorships.

### **How did Shradha Cancer Care Trust invest its funds?**

The funds were invested in fixed deposits and savings accounts in banks. The Trust has not invested in stocks and shares so far.

**Shradha Cancer Care Trust**

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDING 31ST MARCH 2009

PARTICULARS	AMOUNT (Rs)	TOTAL (Rs)	PARTICULARS	AMOUNT (Rs)	TOTAL (Rs)
<u>Camp expenses</u>			Interest received		1,77,579.00
On World Cancer Day	45,779.00		Excess of income over expenditure		2,20,949.67
On World Hospice Day	<u>1,51,710.00</u>	1,97,489.00			
Bank charges		3,990.00			
Travelling & conveyance expenses		27,907.00			
Telephone expenses		7,194.00			
Printing & Stationery		3,229.00			
Internet expenses		3,870.00			
Medicine & surgical goods		49,053.67			
Depreciation		37,003.00			
Salary & staff welfare		65,428.00			
Miscellaneous expenses		3,365.00			
TOTAL: Rs. -----		<u>3,98,528.67</u>	TOTAL: Rs. -----		<u>3,98,528.67</u>

PLACE: NEW DELHI

DATE: 16-9-2009

Checked and found correct in accordance with  
books of accounts produced before us.

FOR APT ASSOCIATES  
CHARTERED ACCOUNTANTS

Tarun Kumar  
(PARTNER)

Dr Ajay Kumar Dewan  
(TRUSTEE)

Suresh Kathpalia  
(TRUSTEE)



## Shradha Cancer Care Trust

Balance Sheet as on 31st March, 2009

LIABILITIES	AMOUNT (Rs)	TOTAL (Rs)	ASSETS	AMOUNT (Rs)	TOTAL (Rs)
<b>Corpus Fund</b>			Land	10,56,000.00	
Opening Balance	<u>48,09,405.58</u>		Additions during the year	<u>22,45,000.00</u>	33,01,000.00
Add: Received during the year:	<u>12,78,466.00</u>		Computer:	1,23,344.00	
	60,87,871.58		Less: depreciation	<u>37,003.00</u>	86,341.00
Less: Excess of income over expenditure	<u>2,20,949.67</u>	58,66,921.91	Building under construction		9,35,002.00
			<b>CASH &amp; BANK BALANCES</b>		
			Cash in hand		5,82,792.00
			TDS Recoverable		12,000.00
			Loans & advances		8,946.33
			<b>Bank balances</b>		
			Balance at bank	1,40,840.58	
			Bank-FDR	<u>8,00,000.00</u>	9,40,840.58
TOTAL: Rs. -----		<u>58,66,921.91</u>	TOTAL: Rs. -----		<u>58,66,921.91</u>

PLACE: NEW DELHI

DATE: 16-9-2009

Checked and found correct in accordance with  
books of accounts produced before us.

FOR APT ASSOCIATES  
CHARTERED ACCOUNTANTS

Tarun Kumar  
(PARTNER)

Dr Ajay Kumar Dewan  
(TRUSTEE)

Suresh Kathpalia  
(TRUSTEE)



## CONTACT US

Please feel free to contact us with any suggestions or questions that you may have about Ganga Prem Hospice.

### INDIA

Shradha Cancer Care Trust  
[www.gangapremhospice.org](http://www.gangapremhospice.org)

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Mobile: +91 9810931743  
Email: [info@gangapremhospice.org](mailto:info@gangapremhospice.org)

### EUROPE

Ganga Prem Hospice  
Trustee: Swami Sardananda  
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[www.gangapremhospice.org.uk](http://www.gangapremhospice.org.uk)

### USA AND OTHER COUNTRIES

End of Life Care International  
Acting Vice-President: Jennifer Melmon  
Postal Address: 800E, Kirkwood Ave., Fairfield, IA 52556, U.S.  
Phone: +1 641 472 846  
Email: [gangapremhospice@yahoo.com](mailto:gangapremhospice@yahoo.com)

**[www.gangapremhospice.org](http://www.gangapremhospice.org)**

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# World Cancer Day

Holistic Care in  
Terminal Stage Cancer

4th February 2009

Parmarth Niketan Ashram

GANGA PREM HOSPICE

Devi Bhagya



## World Hospice Day

Holistic Care: A Spiritual Path  
1st October



The Indian Express, Feb 4, 2009

EXPRESS NEWS SERVICE  
DEHRADUN, FEBRUARY 3  
THE

THE banks of the ganges at  
Rishikesh are set to play host  
to a cancer hospice for pa-  
tients with less than six  
months to live which aims to  
provide free palliative care to  
its patients.

The 50-bed Ganga Hospice is an initiative of Shradha Cancer and Accord Foundation, a

India has about six such hospices and there are 157 institutions providing diagnosis and treatment facilities. Under the programme, volunteers from all over the world are invited to work as hospice workers.

He emphasised that the hospital would have a strong spiritual orientation and would offer holistic therapies.

हॉस्पिस यानि कैंसर मरीजों का घर

हॉस्पिटल का काफी मल्लो...  
तक दुकानें देते हैं, ऐसे में वह स...  
तिलतिल कर मरते रहते हैं। हॉस्पिटल...  
अंतिम दिनों व महीनों में मरीज क...  
मरने, जीवन व मृत्यु से क...  
पर जब...

से दूर रखना चाहिए।  
का आध्यात्मिक तौर  
के परिवारजनों को सांत्वना देने  
विशेष ध्यान देती है। गुंगा प्रे  
ने ऐसे मरीजों को निःशुल्क  
प्रोजेक्ट जा रखा है।  
मंगलवार को राजपुर  
... संस्था

राजीव गांधी कैसर  
हस्मियस श्रद्धा से कम है  
तीन प्रतिशत से कम है  
कि 1959 में

## Free treatment for terminally ill cancer patients

Staff Correspondent

**DEHRA DUN:** Some good news for terminally ill cancer patients. The Shradha Cancer Care Trust is establishing a 50 bed Ganga Prem Hospice on the banks of the Ganga in Dehra Dun for cancer patients.

- Provision for patients having six months to live
- Holistic support to be given to patients and their families

services to advanced cancer patients. The care includes medical, emotional and spiritual support to both the patients and their families. The hospice will have a spiritual orientation and will offer holistic therapies along with allopathic treatment. Over the last two years, a number of internationally-trained hospice nurses and therapists have voluntarily offered their services to cancer patients in Rishikesh, Dr. Dewan said.

A number of social activists including Bithi Chandramo-han, Bhatnagar, Lokesh

Foundation, have urged the business houses to donate freely for this cause as it aimed at making the last few moments of the life of terminally ill a little better.

**g up: Cancer hosp**

**ACTION PLAN**

- 50-60 per cent hospital patients in Rajasthan at 10 lakh cancer patients in country per year
- 5,000-6,000 cancer patients in the state
- 10 lakh cancer cases in Uttar Pradesh

**Free up: Care**

...up to 10 lakh cancer patients in the country per year. The number of cancer cases, particularly in the state, is rising. "There is a cancer case every 10 minutes in the state," says Dr. [Name], Director, [Name] Hospital, [Name].

## Cancer hospice f

### Plakosh Agreement

**G**ANGA From Lingua GGP: a venture of Shreeha Cancer Trust (SCT), a non-profit, is opening a hospital in Itanagarh, on the banks of the Ganga, in Uttar Pradesh.

the garage in Uttarakhand.

Ganga Prem Hospital will go beyond palliative treatment. One aim is to add to research and treatment facilities. The hospital is a "spontaneous heart idea," explained by AK Dewan, chairman. Shashila Cancer Trust, an oncologist with the Kape Gandhi Cancer Institute, New Delhi.

"Despite having about 6,000 cancer patients, no government cancer treatment facility exists in Uttarakhand," said Dr Dewan. The biggest cause of cancer here is consumption of tobacco.

Ganga Prem Hospital will

also be an academic center. Hospital was laid on 4 February 1997. It is now beginning with 20 beds. The hospital will increase that number to 50 in 1999.

Dewan.

Ganga Prem Hospital will

emotive support to terminal cancer patients. The hospital also provides bereavement services. "It is their home," said Shashila Cancer Trust. The

Rajiv Gandhi State Cancer Institute in Delhi, said that hospices were a vital component which unfortunately had yet to catch up attention of the donors and State governments in the country. Uttarakhand, despite having a good number of cancer cases, had no cancer hospital till now.

The trust has been providing a free consultation to over

400 patients in and around Rishikesh since September 2007. The trained palliative

**अधिकेश** 6  
समय रहते कैंसर का इलाज  
संभव : डॉ. दीवान  
शिविर में विशेषज्ञों ने रोगियों के

अधर उजाला ज्युरे

ज। यंग प्रेम हार्मोन के तत्त्वबोधन से निरनुक कैसर परीक्षण सिग्नर में विभिन्न क्षेत्रों से रोकड़ों लवणों ने किया। कैसर विरोधक हैं। अजय क्षेत्रों का परीक्षण किया और मरीजों टाय विवर्तन की गई।

एक मित्र क्षेत्र अस्पताल में  
एक शिफर में दिल्ली सिमा  
सर इंटरव्यू के दो. दोषन ने  
को। शिफर में पिनरन, पीडी.  
ड. बन्धु, देहधनु और  
कोने ने स्वस्थ की जांच  
ने बताया कि कैसर रोग का  
होने से स्वस्थ रहते उपचार  
में होयस के स्थानों  
दिए गए हैं। बताया कि  
यह भी अपेक्षा

जिन अतिरिक्त विद्यार्थियों ने भी योगदान किया है।  
अतिरिक्त की योगदानों का विवरण नीचे दिया गया है।  
उनके योगदानों के आधार पर उन्हें योगदानकर्ता के रूप में सम्मानित किया गया है।  
उनके योगदानों के आधार पर उन्हें योगदानकर्ता के रूप में सम्मानित किया गया है।  
उनके योगदानों के आधार पर उन्हें योगदानकर्ता के रूप में सम्मानित किया गया है।

g up: Cancer hospi

[illegible]

देहद्वन्द्व, 5 फरवरी 2009

अधिकेश

हो सकता है कैंसर पर काबू

अहमदाबाद में विश्व कैलेंडर दिवस पर लेजिस्लेटिव असेम्बली

कैंसर मरीजों

राहत  
जिसे भी संभव था नहीं है।  
इसका विचार के बड़े पत्रों  
है। इस बात का अर्थ

महाराष्ट्र के किसान  
को किसान है।  
कामदार को श्रमिक है।  
कामदार के काम का  
नाम है मजदूरी।  
मजदूर को मजदूर कहते हैं।  
मजदूर को मजदूर कहते हैं।  
मजदूर को मजदूर कहते हैं।

१. नाम	२. पता	३. जिला	४. तहसील	५. पोस्टाफिस	६. जिला	७. तहसील	८. पोस्टाफिस
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[www.gangapremhospice.org](http://www.gangapremhospice.org)